



Connected by culture

VACCA

VICTORIAN ABORIGINAL CHILD AND COMMUNITY AGENCY

ABOUT UNPAID CARERS

An 'unpaid' carer is anyone who gives essential and unpaid care, support and help to someone. They may provide this care anywhere from a couple of hours a day to around-the-clock help.

Every unpaid carer is different. A carer could be a partner, family member, friend or neighbour.

Unpaid carers may provide care for a child or adult with support for:

- disability
- mental illness
- drug or alcohol dependency
- terminal illness
- chronic illness
- aged care needs.

An unpaid carer may still receive a carer payment, allowance or pension other Commonwealth and state supports. For example:

- Home and Community Care Program for Younger People (HACC-PYP)
- National Disability Insurance Scheme (NDIS)
- My Aged Care
- Home Support Program or Home Care Packages
- Carer Gateway
- other disability or mental health support programs.

Please note: This service is not available for foster or kinship carers.

Additional Respite for Carers

VACCA Morwell

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@vaccaorg



ADDITIONAL RESPITE FOR CARERS

VACCA is very excited to offer respite services for parents and carers.

This will be offered in a variety of formats. Please talk to your case manager about your needs.

Respite can be for individual needs or for connecting as a larger group through day camps or overnight camps with a focus on cultural activities.

Additional respite for carers is being offered in the Gippsland region.

INDIVIUDUAL SERVICES

- Gardening and light maintenance
- Social community access
- Recreation activities
- Personal care
- Respite care
- Disability care
- Overnight care
- Nursing and physiotherapy assessments
- Home nursing

CAMPS

Day camps and overnight camps will be offered over the school holidays.

Services are provided by local services

Day Camps

Activities for children at day camps include:

- Indigenous sports
- story time with mural creation
- create your own artifacts
- introduction to bush tucker.

Overnight Camps

Our overnight camps are designed for parents/ carers to attend with their children.